

Growth Group Study – Up to Speed
Bible Readings Acts 2:42–47 & 1 Corinthians 9:24–27
John Malcolm 15/9/19

Which spiritual exercises/habits have helped you grow/soar in your spiritual life? (Isaiah 40.31)

Which of these would you most recommend to a new Christian and how would this help them?

In what ways is Christian life like a race and what do we learn about spiritual exercise from 1 Corinthians 9:24-27?

How can we find the right pace for our Christian race? (Galatians 5.25)

Why are those who are new to faith baptised and what difference does this make to their relationship with God and other Christians? (Acts 2.38-39)

What spiritual discipline do you need to focus on this week in order to do well as a Christian?