

## Are you the one? - Growth Group Study - John Malcolm - 28 February 2021

**With all the conspiracy theories circulating, information and misinformation, how do you decide what you will doubt or believe?**

**Make a list of “heroes of the faith” who had doubts.**

What doubts did they have – how did they deal with their doubts/what happened in response to their doubts?

**Read Psalm 73.2, Mark 9:22–24 & Matthew 14:31**

How do you overcome doubt/unbelief when it rises in your life?

**Read Luke 7.18 & John 1:33–34**

Why do you think John was having doubts, when earlier he had such confidence about Jesus' identity?

Rather than stewing on his doubts in the prison, John sent disciples to Jesus. What insights does this give us about how we might deal with our doubts?

**Read Luke 7.21-23**

What sort of message did Jesus send back to John?

How might this have addressed John's doubts?

How did Jesus respond to the doubts:

Of the man who asked him to heal his son?

Of Peter when he began to sink in his doubts?

Of Thomas who wasn't present when Jesus appeared to the other disciples?

**Read Psalm 73.1-2 & 21-26**

To what depths did dwelling on his doubts lead the Psalmist (vs 21-22)

Timothy Keller suggests we should *Doubt our doubts*.

How could “doubting our doubts” help us deal with our doubts?

What does it mean to you that God holds our hand?

**Read Isaiah 42:3 & Jude 22**

What did Jesus do when Peter/Thomas doubted?

How might we expect God to respond when we have doubts?

**For reflection:**

Listen to Timothy Keller's podcast,

<https://podcast.gospelinlife.com/e/praying-our-doubts/>

Ask yourself, *do I trust God enough to take my doubts to Him?*